



The Catherine Bullen Foundation

Making a difference in rural Namibia

NEWSLETTER

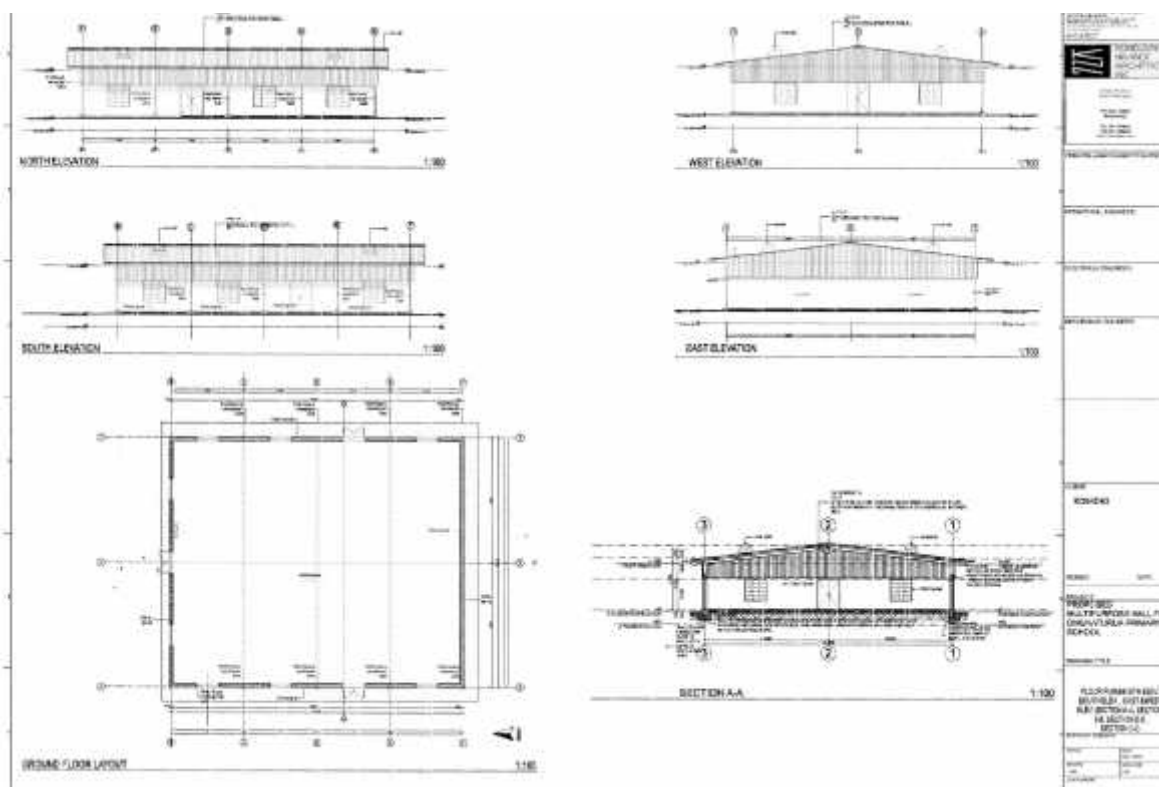
No: 35

Autumn 2018

Contracts signed for Foundation's current project

During Linda and Roger's visit to Otjimanangombe in early 2017, the headmaster of Omuhaturua Primary School in the village, Mr Steve Kavari asked them if the Foundation would consider funding the construction of a school hall. Following discussions, it was agreed that the hall should be for the benefit of the whole community. So the project became a multi-purpose hall.

This will provide a venue for school assemblies which are currently held outside, come rain or shine, a place for the hostel children to go in the evening after darkness to play indoor sport such as netball, volley ball and table tennis or for study and to watch TV. It will also provide a venue for the local community to hold meetings and to have an indoor covered market at the weekends which will enhance the local economy.



Architect's plan of the new multi-purpose hall.

Construction will consist of a sectional steel building, with the walls being part brickwork and part metal cladding. In the roof, alternate panels will be clear to allow in natural light. At each end of the building will be a large water tank to capture the rain water from the roof.

On 24 July 2018, the contractor, Mr Riaan Potgieter, who built our kitchen and dining area at Eiseb, and Komeho Namibia Development Agency, the Foundation's Namibian ngo partner signed the contract for the project on our behalf. The basic cost of the project is N\$730,00 which is £38,789 based on the current exchange rate. We are pleased to advise that thanks to you and our many supporters, this amount has been raised and construction will commence in October 2018. We are now fund raising for additional items such as tables, chairs and indoor sports equipment.

Otjimanangombe Primary Healthcare Clinic upgrade – latest news

As reported in previous newsletters, the Global Fund in conjunction with the Ministry of Health decided to extend the clinic that the Foundation built and opened on 4 July 2008. Work commenced during the latter part of last year, and we are pleased to advise that the clinic was handed over to the Namibian Ministry of Health on 8 August 2018.

On 17 August, we heard from the Regional Director of Health in the Omaheke region that there were still items that the contractor needed to complete or rectify before the clinic could be certified as being complete. When this had been done to the satisfaction of the project Architect, then a Certificate of Practical Completion could be issued and the Ministry of Health will be able to request the Directorate Health Technology and Infrastructure Management to equip the clinic and make necessary arrangements for the official inauguration with the office of the Minister or Deputy Minister. The plan is to have this all done so that the inauguration ceremony can take place during Linda and Rogers next visit in October. Fingers crossed!



This plaque was unveiled by Dr Richard Kamwi, the then Minister of Health at the opening of the original clinic on 4 July 2008.

It has now been erected in the waiting area of the extended clinic.

A successful trip by the International School of Paris

Students and teachers from the International School of Paris have reported that their trip to Omuhaturua Primary School and hostel was a success. As well as constructing an adventure playground, they took part in the children's lessons and donated fleeces, shoes and socks to the pupils. They also donated funds to buy sports kit and replacement chickens for those that become diseased. Their other main task was to paint the outside of the hostel buildings which they completed. They are already making plans to return next year and we are very grateful to them.



Top left: Students from the International School of Paris with some of the children. Top right: Sampling the newly built slide. Above: The children gather for the opening of the adventure playground.

Margo to run her first marathon

Margo Bishop, Marketing Manager for ATI Holidays is an avid supporter of the Foundation and the work it does. For the last two years she has been running the Hake half marathon. This year she has decided to go one better and run a full marathon. So on 6 October she will be running the Hanganana Hake marathon for the Foundation, which starts at Swakopmund and ends in Walvis Bay. She will be running between the desert and the Atlantic Ocean on Namibia's famous Skeleton Coast. Please support this lovely lady by going to <https://uk.virginmoneygiving.com/MargoBishop> to sponsor her.



Margo at the finish of the half marathon last year

Update on St Mary's Senior School and Foundation partnership

In our Summer Newsletter we reported that Foundation would become the school's charity of the year from September 2018 to the end of the school year in 2019. We also reported in a separate article that the Good Hope Primary School which is situated around 40 mins from Otjimanangombe was looking for funding for two new industrial electric cooking pots in the hostel kitchen to increase capacity to cope with the current work load which cost around £2,675 each

We are pleased to report that these two items have come together and St Mary's Senior School will be fundraising to purchase the pots.

London Marathon – 28 April 2019

The Foundation has managed to obtain a charity ballot place in next year's London Marathon. We are pleased to announce that Alice Parker has agreed to take up the place. Her husband Jeremy, Consultant Orthopaedic surgeon at Colchester General Hospital is a great supporter of the Foundation and has run the Colchester Half Marathon and the London Marathon for us. We wish Alice the best of luck and we will advise her 'virginmoneygiving' page for sponsorship as soon as it is available.

Fund raising

Shop Collections

Throughout the summer we have continued to carry out shop collections at Co-op stores in the area. Since our last newsletter we have been to Brightlingsea Co-op (£190.06 raised), Halstead Co-op (£166.64 raised), Woodbridge Co-op (£161.20 raised) and Stanway Co-op (£127.93 raised). Many thanks to Shirley, Sandra, Pat, Nicky, Eilish and Mike for their help. A full list of shop collections for the remainder of this year and provisional dates for next year is at the end of this Newsletter and any help with these would be gratefully appreciated.



Roger collecting outside Frinton Co-op



Stress being relieved at our china smashing stall!

China Smashing

This has proved as popular as ever, and since the last newsletter we have attended the Mersea Lions Summer show (£175.50 raised), Brightlingsea Scouts Car Show (£202 raised) and Walton Classic Car Show (£72.35). Unfortunately, the Five Parishes Show was cancelled due to the fire risk caused by the hot dry weather and we did not attend the final Clacton Car Show of the year because of rain. Many thanks to Harry, Millie, Joe, Clive, Jayne, Paul and Kim for their help. We are compiling a full list of fetes and shows that we hope to attend next year at the end of this newsletter. Again any help with this would be gratefully appreciated.

Seafood Supper

This popular event was held on Saturday 16 September and as usual was a sell out with the Company Shed in West Mersea being packed to capacity with 60 guests. As always the food was excellent and expertly prepared and served. As well as a raffle, a photograph of a Mersea seascape by Colin Westgate was auctioned to raise additional funds for which we thank him. Our thanks to Colin Kimble of Mersea Lions who took the role of auctioneer. Once again Caroline and her staff did us proud, so a big thank you to them. The total raised was £927



Waiting for the raffle

Tucking in to the seafood.

Treasure in a bottle again!

For the second time this year David and Gillian Buck and their friends from St Francis Church in Welwyn Garden City have filled a gallon whisky bottle with 5p's. Last Sunday, they bought it to be emptied and counted and the total amounted to £291. A marvellous result and out thanks to everyone who donated.



Counting the 5p's!

Partnerships

Alaric Clothing and Accessories

Alaric Clothing and Accessories are based at Layer Road, Kingsford, Colchester beside Bannatyne formerly Clarice House. We met the owner, Lisa Merrett at the Mersea Food and Leisure Festival and she advised she would like to do a fundraiser for us. This led to a Fashion Sale being held at her shop on 22 August with all sales from the bargain rail going to the Foundation plus 25% of sales of her other stock. Together with the raffle this raised £551 plus Gift Aid.

Lisa has now adopted the Foundation as the charity she would like her shop to support. The next event is the launching of her new Autumn Collection including German Designer separates at half High Street prices from £20. This will take place from Tuesday 9 October to Saturday 13 October including Wednesday 10 October when the shop is usually closed and runs from 10.00 to 17.00. Purchases by Foundation supporters will result in a donation by Alaric of up to 25% of the purchase price to the Foundation for its projects in Namibia.

Audley Travel

Audley Travel is ATI Holidays largest partner in the United Kingdom selling holidays to Namibia. They were looking for a local Namibian charity to support and the Foundation was put forward for consideration. It was chosen by the Audley Travel Namibia destination experts in London, Witney and Boston as the charity which should benefit from the monies collected from guests travelling to Namibia with them by adding N\$100 to each invoice and advising their clients that by travelling with Audley, they were supporting a local charity. We are extremely grateful to Audley Travel and ATI for their support.

Presentations

The Foundation is pleased to give presentations to groups and clubs on its work during the day or evenings. Since the last Newsletter, we have given presentations to the Clacton Bereavement Club and the Strood Probus Club. So if you are looking for a speaker please contact us.

Individual Donations

We have continued to receive individual donations, both large and small, which are very much appreciated. Each donation receives an acknowledgement of thanks from the Foundation and through this newsletter we would like to thank you again for your continued support. As well as making donations through the post, donations can be made on our website www.namibia-aid.org.uk through 'mydonate' or 'Paypal'.

Regular giving

Some of our donors have made a more formal arrangement by setting up a standing order to donate a regular monthly or yearly sum. If you would like to support us in this way, please email us at rogerbullen409@btinternet.com and we will supply you with the Foundation's bank details so that you can set up a standing order.

Forthcoming Events

At the date of going to press, we have the following events planned. If you would like to help at any of these or organise an event in support of the Foundation, please let us know. We will add events to our list on the website and in the next newsletter.

Saturday 24 November 2018

Christmas Market, St Peter's Hall, nr Bungay

Friday 7 December 2018

West Mersea Lights up - MICA

Saturday 8 December 2018

Shop Collection – West Mersea Co-op

Saturday 22 December 2018

Shop collection – Tesco, West Mersea – to be confirmed

Sunday 27 January 2019

Indian Lunch – Titash Indian Restaurant, High Street, West Mersea

Tickets £22 each – taking bookings now

The following dates await confirmation

Saturday 4 May 2019

Shop collection – West Mersea Co-op

Monday 6 May 2019

St Helena Fete – China smashing

Sunday 19 May 2019

Clacton Car Show – China smashing stall

Saturday 25/Sunday 26 May 2019

Mersea Island Food, Drink and Leisure Festival – Homemade Cake Stall

Monday 27 May 2019

Hospital Radio Fund Day, Lower Castle Park, Colchester – China smashing stall

Saturday 1 June 2019

Shop Collection – Manningtree Co-op

Saturday 15 June 2019

Shop Collection – Felixstowe Co-op

Sunday 23 June 2019

Blackwater Show – China smashing

Saturday 13 July 2019

Tendring Show – China smashing

Saturday 27 July 2019

Shop Collection – Brightlingsea Co-op

Sunday 4 August 2019

Five Parishes Show, Fingringhoe Ranges – China smashing stall

Saturday 10 August 2019

Mersea Lions Summer and Transport Show, Waldegraves – China smashing stall

Saturday 17 August 2019

Shop Collection – Halstead Co-op

Saturday 24 August 2019

Shop Collection – Woodbridge Co-op

Sunday 25 August 2019

Clacton Car Show – China smashing stall

Saturday 7 September 2018

Shop Collection – Stanway Co-op, Colchester

Sunday 8 September 2019

Brightlingsea Scouts Classic Car Show – China smashing stall

Saturday 14 September 2019

Shop Collection – Frinton Triangle

Friday 6 December 2019

Mersea Lights up

Saturday 7 December 2019

Shop Collection – West Mersea Co-op

Saturday 21 December 2019

Shop collection – Tesco, West Mersea

Make a difference!

The Catherine Bullen Foundation is working with local communities to help build and nurture a new life for the people in rural Namibia. Because we are a small charity, our overheads are small and are personally covered by the trustees, so that every single penny donated to us goes to the intended project, with spending strictly monitored by the UK trustees and their ngo partner in Namibia. All visits to Namibia are self-financed and no charitable funds are used for this purpose. Please help us make a difference by making a donation, either on line at www.namibia-aid.org.uk or sending it to the address below.

How to contact us

By Email: info@namibia-aid.org.uk

By Post: The Catherine Bullen Foundation
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General Data Protection Regulation

The only data the Foundation holds are email addresses for the purpose of keeping you informed of the Foundation's work. If you no longer wish to receive this information mainly in the form of our newsletter, please advise us and we will delete you from our records.

Safe Guarding Policies for children and adults

Following the reports of sexual abuse by OXFAM in Haiti, the Charity Commission advised all charities to review their safe guarding policies. In line with this advice the Foundation has carried out its own review and our safe guarding policies can be supplied on request

Donation/Gift Aid Declaration

(The Catherine Bullen Foundation – Registered Charity No. 1110516)

Details of donor

Title..... Forename(s).....Surname.....

Address.....
.....

Post Code.....

Signature.....

Date.....

I want the charity to treat

*the enclosed donation of £..... as a Gift Aid donation

*the donation(s) of £..... which I made on/..../..... as (a) Gift Aid donation(s)

**delete as appropriate*

**You must pay an amount of Income and/or Capital Gains Tax at least equal to the tax that the charity reclaims on your donations in the appropriate tax year.
(currently 25p for each £1 you give).**